



Pool Schedule

Effective May 11, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30-9:15am Lane Swim (All Lanes)	5:30-9:30am Lane Swim (All Lanes)	5:30-9:15am Lane Swim (All Lanes)	5:30-9:30am Lane Swim (All Lanes)	5:30-9:15am Lane Swim (All Lanes)	7:30-9:00am Lap Swim (All Lanes)	7:30-10:00am Lap Swim (All Lanes)	
9:15-10:15am Water Works (4) Lane Swim (2)	9:30-11:30am Swim Lessons (2) Lane Swim (2) Open Swim (2)	9:15-10:15am Water Works (4) Lane Swim (2)	9:30am-12:15pm Swim Lessons (2) Lane Swim (2) Open Swim (2)	9:15-10:15am Water Works (4) Lane Swim (2)	9:00am-12:30pm Swim Lessons (2) Lap Swim (4)	10:00am-3:00pm Lane Swim (3) Open Swim (3)	
10:15-11:00am Swim Lessons (1) Lane Swim (3) Open Swim (2)		10:15-11:15am Lane Swim (3) Open Swim (3)		10:15am-1:00pm Lane Swim (3) Open Swim (3)			
11:00am-1:00pm Lane Swim (3) Open Swim (3)	11:30am-1:00pm Lane Swim (3) Open Swim (3)	11:15am-1:00pm Swim Lessons (1) Lane Swim (3) Open Swim (2)	12:15-1:00pm Lane Swim (3) Open Swim (3)		12:30-4:30pm Lane Swim (3) Open Swim (3)		
Pool Closed 1:00-4:00pm	Pool Closed 1:00-4:00pm	Pool Closed 1:00-4:00pm	Pool Closed 1:00-4:00pm	Pool Closed 1:00pm	The numbers in parenthesis (#) are the number of lanes available during that time for each activity.		
4:00-4:30pm **Water Pilates (2) 45 Min** Lane Swim (2) Open Swim (2)	4:00-4:30pm Lane Swim (3) Open Swim (3)		4:00-4:30pm Lane Swim (3) Open Swim (3)	<p>Water Works = Work all major muscle groups, and enhance flexibility and range of motion. Great for all ability levels!</p> <p>Water Pilates = Pilates in the Pool! Great low-impact class to build core strength, balance and flexibility. Any ability level welcome!</p> <p>Open Swim = No lanes in the water. All are welcome! Great time for families and children.</p> <p>Lane Swim = Lap Swim, Water Exercises or Open Swim. Preference given to lap swim or water exercise. Please share lanes.</p> <p>Lifeguards will alter lanes as needed at their discretion.</p>			
4:30-5:00pm Swim Lessons (3) Lane Swim (1) Open Swim (2)	4:30-7:15pm Swim Lessons (2) Lane Swim (2) Open Swim (2)	4:00-4:30pm **Water Pilates (2) 45 Min** Lane Swim (2) Open Swim (2)	4:30-7:15pm Swim Lessons (2) Lane Swim (2) Open Swim (2)				
5:00-7:45pm Swim Lessons (2) Lane Swim (2) Open Swim (2)	7:15-8:15pm Water Works (3) Swim Lessons (1) Lane Swim (2)	4:30-7:45pm Swim Lessons (1) Lane Swim (3) Open Swim (2)	7:15-8:15pm Water Works (3) Swim Lessons (2) Lane Swim (1)				
7:45-8:30pm Lane Swim (3) Open Swim (3)	8:15-8:30pm Lane Swim (3) Open Swim (3)	7:45-8:30pm Lane Swim (3) Open Swim (3)	8:15-8:30pm Lane Swim (3) Open Swim (3)				