



Pool Schedule

Effective July 27-Aug 2, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-8:30am Lane Swim (All Lanes)	5:30-9:30am Lane Swim (All Lanes)	5:30-8:30am Lane Swim (All Lanes)	5:30-9:30am Lane Swim (All Lanes)	5:30-8:30am Lane Swim (All Lanes)	New Early Hours! 6:30-10:30am Lane Swim (All Lanes)	New Early Hours! 6:30-10:00am Lane Swim (All Lanes)
8:30-9:30am Water Works (4) Lane Swim (2)		8:30-9:30am Water Works (4) Lane Swim (2)		8:30-9:30am Water Works (4) Lane Swim (2)		
9:30am-12:30pm Lane Swim (3) Open Swim (3)	9:30am-12:30pm Lane Swim (3) Open Swim (3)	9:30am-12:30pm Lane Swim (3) Open Swim (3)	9:30am-12:30pm Lane Swim (3) Open Swim (3)	9:30am-12:30pm Lane Swim (3) Open Swim (3)	Pool Closed 10:30am	10:00am-3:30pm Lane Swim (3) Open Swim (3)
Pool Closed 12:30pm	Pool Closed 12:30pm	Pool Closed 12:30pm	Pool Closed 12:30pm	Pool Closed 12:30pm		
4:00-4:30p Water Pilates (2) (45 Min) Open Swim (2) Lap Swim (2)	4:00-4:30pm Open Swim (3) Lane Swim (3)	4:00-4:30pm Open Swim (3) Lane Swim (3)	4:00-4:30pm Open Swim (3) Lane Swim (3)		The numbers in parenthesis (#) are the number of lanes available during that time for each activity.	
4:30-5:00pm Swim Lessons (4)	4:30-5:00pm Swim Lessons (5) Lane Swim (1)	4:30-6:00pm Swim Lessons (3) Lane Swim (3)	4:30-6:15pm Swim Lessons (2) Open Swim (2) Lane Swim (2)	<u>Water Works</u> = Work all major muscle groups, and enhance flexibility and range of motion. Great for all ability levels! <u>Water Pilates</u> = Pilates in the Pool! Great low-impact class to build core strength, balance and flexibility. Any ability level welcome! <u>Open Swim</u> = No lanes in the water. All are welcome! Great time for families and children. <u>Lane Swim</u> = Lap Swim, Water Exercises or Open Swim. Preference given to lap swim or water exercise. Please share lanes. <u>Lifeguards will alter lanes as needed at their discretion.</u>		
5:00-6:00p Swim Lessons (3) Lane Swim (3)	5:00-6:15pm Swim Lessons (3) Lane Swim (3)					
6:00-7:00pm Swim Lessons (2) Open Swim (2) Lane Swim (2)	6:15-7:00pm Water Works (3) (1 hr) Swim Lessons (3)	6:00-7:00pm Swim Lessons (1) Open Swim (2) Lane Swim (3)	6:15-7:00pm Swim Lessons (1) Open Swim (3) Lane Swim (2)			
7:00-7:30pm Open Swim (3) Lane Swim (3)	7:00-7:30pm Lane Swim (3)	7:00-7:30pm Open Swim (3) Lane Swim (3)	7:00-7:30pm Open Swim (3) Lane Swim (3)			