# Pool Schedule

## Happy Thanksgiving!

## Effective November 23–29, 2026

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|---|---|
| 5:30–9:15am<br>Lane Swim<br>(All Lanes) | 5:30–9:30am<br>Lane Swim<br>(All Lanes) | 5:30–9:15am<br>Lane Swim<br>(All Lanes) | 7:30–10:30am<br>Lane Swim<br>(All Lanes) | 5:30–9:15am<br>Lane Swim<br>(All Lanes) | 6:30–9:00am<br>Lane Swim<br>(All Lanes) | 6:30–10:00am<br>Lane Swim<br>(All Lanes) |
| 9:15–10:15am<br>**Water Works (4)**<br>Lane Swim (2) | 9:30–10:15am<br>Lane Swim (4)<br>Open Swim (2) | 9:15–10:15am<br>**Water Works (4)**<br>Lane Swim (2) | | 9:15–10:15am<br>**Water Works (4)**<br>Lane Swim (2) | 9:00–10:30am<br>Swim Lessons (2)<br>Lane Swim (4) | 10:00am–3:30pm<br>Lane Swim (3)<br>Open Swim (3) |
| 10:15am–1:00pm<br>**Swim Lessons (1)**<br>**11:15am–12:00pm**<br>Lane Swim (3)<br>Open Swim (2) | 10:15am–12:15pm<br>Swim Lessons (2)<br>Lane Swim (2)<br>Open Swim (2) | 10:15–11:15am<br>Lane Swim (3)<br>Open Swim (3) | | 10:15am–1:00pm<br>Lane Swim (3)<br>Open Swim (3) | 10:30am–12:30pm<br>Swim Lessons (3)<br>Lane Swim (3) | |
| | 12:15–1:00pm<br>Lane Swim (3)<br>Open Swim (3) | 11:15am–1:00pm<br>Swim Lessons (1)<br>Lane Swim (3)<br>Open Swim (2) | | | 12:30–4:30pm<br>Lane Swim (3)<br>Open Swim (3) | |
| Pool Closed<br>1:00–4:00pm | Pool Closed<br>1:00–4:00pm | Pool Closed<br>1:00–4:00pm | Happy Turkey Day!<br><br>The Y is open 7:00am–11:00am | Pool Closed<br>1:00pm | The numbers in parenthesis (#) are the number of lanes available during that time for each activity. | |
| 4:00–4:30pm<br>**Water Pilates (2)**<br>**45 min**<br>Lane Swim (2)<br>Open Swim (2) | 4:00–4:30pm<br>Lane Swim (3)<br>Open Swim (3) | 4:00–4:30pm<br>Lane Swim (3)<br>Open Swim (3) | | <u>Water Works</u> = Fitness Class, Great for all Ability Levels! Works a little bit of strength, flexibility and balance, and cardio.<br><br><u>Water Pilates</u> = Pilates in the Pool! Great low-impact class to build core strength, balance and flexibility. Any ability level welcome!<br><br><u>Open Swim</u> = No lanes in the water. All are welcome! Great time for families and children.<br><br><u>Lane Swim</u> = Lap Swim, Water Exercises or Open Swim. Preference given to lap swim or water exercise. Please share lanes.<br><br><u>Lifeguards will alter lanes as needed at their discretion.</u> | | |
| 4:30–6:45pm<br>Swim Lessons (4)<br>Lane Swim (2) | 4:30–7:15pm<br>Swim Lessons (2)<br>Lane Swim (2)<br>Open Swim (2) | 4:30–6:00pm<br>Swim Lessons (3)<br>Lane Swim (3) | | | | |
| 6:45–7:45pm<br>Swim Lessons (2)<br>Lane Swim (2)<br>Open Swim (2) | 7:15–8:15pm<br>**Water Works (3)**<br>Swim Lessons (2)<br>Lane Swim (1) | 6:00–7:45pm<br>Swim Lessons (2)<br>Lane Swim (2)<br>Open Swim (2) | | | | |
| 7:45–8:30pm<br>Lane Swim (3)<br>Open Swim (3) | 8:15–8:30pm<br>Lane Swim (3)<br>Open Swim (3) | 7:45–8:30pm<br>Lane Swim (3)<br>Open Swim (3) | | | | |

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