



WEST GYM SCHEDULE/JUNE 15

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
5:00 AM	Open Gym 5am-12pm	Open Gym 5-8am	Open Gym 5am-12pm	Open Gym 5-8am	Open Gym 5am-12pm	CLOSED	CLOSED				
5:30 AM											
6:00 AM											
6:30 AM											
7:00 AM											
7:30 AM											
8:00 AM						Step & Sculpt 8:00-8:45am	Open Gym 5am-12pm	Step & Sculpt 8:00-8:45am		Open Gym 6am-8am	Open Gym 6am-8am
8:30 AM						HIIT 9:15-10am		HIIT 9:15-10am		Adult Drop-In Pickleball 8-10am	Adult Drop-In Pickleball 8-10am
9:00 AM											
9:30 AM											
10:00 AM											
10:30 AM											Open Gym 10am-12pm
11:00 AM											
11:30 AM											
12:00 PM	Adult Drop-In Futsal 12-1pm		Adult Drop-In Futsal 12-1pm		Adult Drop-In Futsal 12-1pm	Open Gym 10am-4pm	Adult Drop-In Basketball 12-2pm				
12:30 PM											
1:00 PM											
1:30 PM											
2:00 PM											
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM											
4:30 PM											
5:00 PM											
5:30 PM	*Reserved for Youth Sports IF RAINING	*Reserved for Youth Sports IF RAINING	* Reserved for Youth Sports IF RAINING	*Reserved for Youth Sports IF RAINING	Open Gym 4-7pm						
6:00 PM							CLOSED 4pm	CLOSED 4pm			
6:30 PM											
7:00 PM											
7:30 PM	Open Gym 7-8pm	Open Gym 7-8pm	Open Gym 7-8pm	Adult Drop-In Basketball 7-8pm	CLOSED 7pm						
8:00 PM											

RAIN/INCLEMENT WEATHER: To accommodate Summer Day Camp and Youth Sports Programs, Open Gym and Adult Sports will be cancelled if there is inclement weather/rain.