



## WEST GYM SCHEDULE

EFFECTIVE FEBRUARY 2-MARCH 29

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:00 AM	Open Gym 5am-12pm	Open Gym 5-8am	Open Gym 5-8am	Open Gym 5-8am	Open Gym 5-9:00am	CLOSED	CLOSED			
5:30 AM						Open Gym 7-8am	Open Gym 7-8am			
6:00 AM						Adult Drop-In Pickleball 8-11am	Adult Drop-In Pickleball 8-11am			
6:30 AM										
7:00 AM		Step & Sculpt 8-8:45am		Step & Sculpt 8-8:45am		Step Aerobics 9:15-10am	Step Aerobics 9:15-10am			
7:30 AM		HIIT 9:15-10am								
8:00 AM		Open Gym 10am-12pm			Open Gym 10am-12pm					
8:30 AM					Open Gym 11am-12pm	Open Gym 11am-12pm				
9:00 AM										
9:30 AM					YBL GAMES 8am-5pm	Adult Drop-In Basketball 12-2pm				
10:00 AM										
10:30 AM										
11:00 AM										
11:30 AM										
12:00 PM	Adult Drop-In Futsal 12-1pm	Adult Drop-In Pickleball 12-3:00pm	Adult Drop-In Futsal 12-1pm	Adult Drop-In Pickleball 12-3pm	Adult Drop-In Futsal 12-1pm	Open Gym 2-5pm	Open Gym 2-5pm			
12:30 PM										
1:00 PM	Adult Drop-In Pickleball 1:15-3:15pm		Open Gym 1:15-3:15pm <b>Pickleball Clinics 2.18 &amp; 2.25</b>	Adult Drop-In Pickleball 1:15-3:15pm	Adult Drop-In Pickleball 1:15-3:15pm					
1:30 PM										
2:00 PM										
2:30 PM										
3:00 PM	Youth Sports 4-5pm	Open Gym 3:15-5pm	Open Gym 3:15-5pm	Open Gym 3:15-5pm	Open Gym 3:15-8pm	Half Court Open Gym 4:00-5pm	Half Court Open Gym 4:00-5pm			
3:30 PM										
4:00 PM						CLOSED	CLOSED			
4:30 PM										
5:00 PM	YBL Practices 5-7pm	YBL Practices 5-8pm	YBL Practices 5-7pm	YBL Practices 5-8pm	Open Gym 3:15-8pm	CLOSED	CLOSED			
5:30 PM										
6:00 PM										
6:30 PM										
7:00 PM	Adult Volleyball Leagues 7-9pm (ends 3.16)	Open Gym 8-9pm	Half Court Adult Drop-In Volleyball 7-9pm	Open Gym 8-9pm	CLOSED	CLOSED	CLOSED			
7:30 PM										
8:00 PM										
8:30 PM										
9:00 PM										