



WEST GYM SCHEDULE

EFFECTIVE FEBRUARY 2-MARCH 29

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:00 AM	Open Gym 5am-12pm	Open Gym 5-8am	Open Gym 5-8am	Open Gym 5-8am	Open Gym 5-9:00am	CLOSED	CLOSED			
5:30 AM										
6:00 AM						Open Gym 7-8am	Open Gym 7-8am			
6:30 AM										
7:00 AM						YBL GAMES 8am-5pm	Adult Drop-In Pickleball 8-11am			
7:30 AM		Step & Sculpt 8-8:45am	Adult Drop-In Pickleball 8-11am							
8:00 AM										
8:30 AM		HIIT 9:15-10am		Step Aerobics 9:15-10am						
9:00 AM										
9:30 AM		Open Gym 10am-12pm		Open Gym 10am-12pm						
10:00 AM										
10:30 AM										
11:00 AM		Open Gym 11am-12pm					Open Gym 11am-12pm			
11:30 AM										
12:00 PM	Adult Drop-In Futsal 12-1pm	Adult Drop-In Pickleball 12-3:00pm	Adult Drop-In Futsal 12-1pm	Adult Drop-In Pickleball 1:15-3:15pm	Adult Drop-In Futsal 12-1pm	YBL GAMES 8am-5pm	Adult Drop-In Basketball 12-2pm			
12:30 PM										
1:00 PM	Open Gym 1:15-3:15pm Pickleball Clinics 2.18 & 2.25		Adult Drop-In Pickleball 1:15-3:15pm		Open Gym 2-5pm					
1:30 PM										
2:00 PM										
2:30 PM	Open Gym 3:15-4:00pm	Open Gym 3:15-5pm	Open Gym 3:15-5pm	Open Gym 3:15-5pm	Open Gym 3:15-8pm					
3:00 PM										
3:30 PM	Youth Sports 4-5pm									
4:00 PM	Half Court Open Gym 4:00-5pm									
4:30 PM			YBL Practices 5-7pm	YBL Practices 5-8pm	YBL Practices 5-7pm	YBL Practices 5-8pm				
5:00 PM	Open Gym 8-9pm	CLOSED				CLOSED				
5:30 PM										
6:00 PM			Adult Volleyball Leagues 7-9pm (ends 3.16)		Half Court Adult Drop-In Volleyball 7-9pm					
6:30 PM			Open Gym 8-9pm		Open Gym 8-9pm					
7:00 PM										
7:30 PM	Open Gym 8-9pm			CLOSED						
8:00 PM										
8:30 PM										
9:00 PM										