



WEST GYM SCHEDULE

EFFECTIVE FEBRUARY 2-MARCH 29

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday						
5:00 AM	Open Gym 5am-12pm	Open Gym 5-8am	Open Gym 5-8am	Open Gym 5-8am	Open Gym 5-9:00am	CLOSED	CLOSED						
5:30 AM						Open Gym 7-8am	Open Gym 7-8am						
6:00 AM						Adult Drop-In Pickleball 8-11am	Adult Drop-In Pickleball 8-11am						
6:30 AM													
7:00 AM		Step & Sculpt 8-8:45am		Step & Sculpt 8-8:45am		Step Aerobics 9:15-10am	Open Gym 11am-12pm						
7:30 AM		HIIT 9:15-10am											
8:00 AM								Open Gym 10am-12pm					
8:30 AM		Open Gym 10am-12pm	YBL GAMES 8am-5pm										
9:00 AM				Open Gym 11am-12pm		Open Gym 1:15-3:15pm Pickleball Clinics 2.18 & 2.25							
9:30 AM													
10:00 AM		Adult Drop-In Futsal 12-1pm	Adult Drop-In Futsal 12-1pm	Adult Drop-In Futsal 12-1pm	Adult Drop-In Futsal 12-1pm	Adult Drop-In Basketball 12-2pm	Open Gym 2-5pm						
10:30 AM													
11:00 AM			Adult Drop-In Pickleball 12-3:00pm										
11:30 AM													
12:00 PM			Adult Drop-In Pickleball 1:15-3:15pm			Half Court Open Gym 4:00-5pm							
12:30 PM													
1:00 PM		Adult Drop-In Pickleball 1:15-3:15pm											
1:30 PM													
2:00 PM													
2:30 PM													
3:00 PM		Open Gym 3:15-4:00pm	Open Gym 3:15-5pm	Open Gym 3:15-5pm	Open Gym 3:15-8pm	CLOSED	CLOSED						
3:30 PM													
4:00 PM	Youth Sports 4-5pm												
4:30 PM													
5:00 PM	YBL Practices 5-7pm	YBL Practices 5-8pm	YBL Practices 5-7pm	YBL Practices 5-8pm	Open Gym 8-9pm	CLOSED	CLOSED						
5:30 PM													
6:00 PM													
6:30 PM													
7:00 PM	Adult Volleyball Leagues 7-9pm (ends 3.16)	Open Gym 8-9pm	Half Court Adult Drop-In Volleyball 7-9pm	Open Gym 8-9pm									
7:30 PM													
8:00 PM													
8:30 PM													
9:00 PM													