



FREE
& Open to
the Public!

30 Years of Celebrating Healthy Kids



FIND THE KID IN YOU!
\$0 JOIN FEE & ONLY \$25 FOR YOUR
FIRST MONTH OF MEMBERSHIP!

For a better us.®



HEALTHY KIDS DAY®

SATURDAY, APRIL 30

For 30 years, Healthy Kids Day has been where fun and play become lifelong memories. Join us **April 30** for a day of healthy, fun activities that celebrate kids being kids!

FUN AND PLAY ALL DAY!

11:30 am-1:30 pm	Voyage Bowls* & FREE Y snacks
11:30 am -12:30 pm	Outdoor Family Zumba
12:30 - 1:00 pm	Story & Stretch
1:00 - 3:00 pm	DJ and Dancing
12:00 - 1:30 pm	Open Family Swim
1:30 - 2:30 pm	Swim Safety Stations
12:30 - 2:30 pm	Yo-Yo Demos by MacKite
	Balloon Animals and Face Painting
	Flip for Fun, Open Gymnastics
	Free Throw Contest
	Temporary Tattoo Station

*Participant responsible
for payment.