

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

March 17, 2020

Dear Friends and Family,

As we navigate our way through the COVID-19 health crisis, and the need for social distancing, it's more important than ever that we come up with new and innovative ways to support the health and well-being of everyone in our community.

The Y is more committed than ever to fulfilling our mission of supporting healthy living, social responsibility and positive youth development in the Tri-Cities. Our doors may be closed but our staff are working hard to help our members and program participants maintain good health through these difficult times. Following yesterday's state-mandated closure, they immediately began doing the following:

- Setting up a food donation pick-up site to ensure no child or family goes hungry during school closures.
- Creating a Tri-Cities Family Y Fitness Group within our Facebook page with online resources including Y360 that allows members and class participants to support and inspire each other, share ideas, post workouts, and share tips for staying active during social distancing.
- Collecting resources and information to share in a new, soon to be created, Youth Sports Group on Facebook.
- Strategizing ways to stay connected to our older members without the risk of COVID-19 exposure.
- Exploring ways we as an organization and staff as individuals can support the work being done in the community to mitigate the threat posed by COVID-19.

With the fluidity of the situation at hand, we are changing daily to meet the needs of the community. The support of our members and program participants enables us to do work to strengthen the community. You can support our work by donating your membership dues for the second half of March back to the Y. As always, our members remain a top priority. Please do not hesitate to contact our Membership Coordinator, Kristy Hubert, at <u>kristy.hubert@tcfymca.org</u>, with questions regarding your membership.

We must work together during this time of uncertainty. Stay connected with us through email, our website and by engaging through Facebook and Instagram.

Together, we will create a stronger us.

Sincerely,

Gregory Coil, CEO