



Tri-Cities Family YMCA



MENTAL HEALTH MATTERS

Tri-Cities Family YMCA, Mosaic Counseling, and Ottawa County Community Mental Health are partnering to provide Mental Health Services to our community at the Tri-Cities Family YMCA.

Andrea, our on-site Counselor, provides FREE counseling services and/or referrals for counseling services through Mosaic Counseling to current Y members. You can schedule a single session, or you can sign up for multiple sessions. All counseling sessions are confidential.

To schedule an appointment, please email Andrea at acesperanzacounseling@gmail.com. The Counseling Office is located adjacent to the East/Gymnastics Gym.

OFFICE HOURS (Beginning Sept 9)

Monday | 3:30–5:30pm

Thursday | 2:00–5:00pm

To schedule an appointment, email Andrea at acesperanzacounseling@gmail.com



Hi! I'm Andrea!