



Tri-Cities Family YMCA



MENTAL HEALTH MATTERS

Tri-Cities Family YMCA, Mosaic Counseling, and Ottawa County Community Mental Health are partnering to provide Mental Health Services to our community at the Tri-Cities Family YMCA.

Andrea, our on-site Counselor, provides FREE counseling services and/or referrals for counseling services through Mosaic Counseling to current Y members. You can drop-in for a single session, or you can sign up for multiple sessions. All counseling sessions are confidential.

Drop-in during office hours or schedule an appointment by emailing Andrea at acesperanzacounseling@gmail.com. The Counseling Office is located adjacent to the East/Gymnastics Gym.

OFFICE HOURS (Beginning June 10)

Monday | 9:00–2:00pm

Thursday | 2:00–7:00pm

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Hi! I'm Andrea!