



Tri-Cities Family YMCA



MENTAL HEALTH MATTERS

Tri-Cities Family YMCA, Mosaic Counseling, and Ottawa County Community Mental Health are partnering to provide Mental Health Services to our members at the Tri-Cities Family YMCA.

- **Mental Health Support for YMCA Members of all ages**
- **Office hours: Thursdays 11:30–3:30pm/Fridays 9am–3pm**

Members are invited to drop-in during our Mental Health Services office hours to meet with our on-site Licensed Professional Counselor. Appointment options are also available. Sign up [HERE](#).

Members are able to utilize Kids' World (during operating hours) for childcare during appointments.

MEET OUR ON-SITE COUNSELOR | Andrea Campo

I am a Licensed Professional Counselor (LPC), employed by Esperanza Counseling. I have been part of Mosaic Counseling's panel since 2018. During that time, I have provided services to students in the School Outreach Program at many of West Ottawa Public Schools' buildings. My areas of clinical expertise include depression, anxiety, grief, trauma, family conflict, and social/interpersonal skills development.

Stop by my office at the Y for a chat, consultation, or check-in. I can help you set up a referral as well!

