





11:30am – 2:30pm Photo Booth (Upper Level, Lobby)

11:30am – 1:30pm Voyage Bowls* \$6 Kids Bowl (Parking Lot)

FREE Y Snacks & Membership Info (Upper Level, Lobby)

11:30am – 12:15pm Family Line Dancing (Upper Level, Multi-Purpose Room)

11:30am – 1:00pm Healthy Snack Walk** (Upper Level, Classroom A)

12:00 – 1:00pm Family Pickleball Clinic & Play (Upper Level, West Gym)

12:30 – 1:15pm Story & Stretch (Upper Level, Multi-Purpose Room)

12:30 – 2:30pm Open Family Swim (Lower Level, Pool)

12:30 – 2:30pm Open Jungle Gym (Upper Level, East Gym)

1:00 – 2:30pm Seed Planting (Upper Level, Classroom A)

1:00 – 2:30pm DJ, Hula Hoops, Jump Ropes, and Dancing

Spring Lake Dance Team (Upper Level, West Gym)

1:30 – 2:15pm Family Cardio Drumming (Upper Level, Multipurpose Room

FIND THE KID IN YOU!

\$0 JOIN FEE & ONLY \$25 FOR YOUR FIRST MONTH OF MEMBERSHIP!





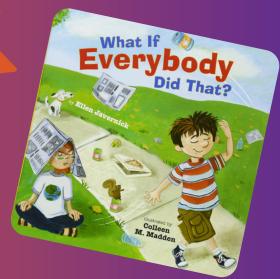
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HEALTHY KIDS DAY®

SATURDAY, APRIL 29

At Healthy Kids Day, children and families will have the opportunity to learn about the importance of healthy eating, nutrition and physical activity, mental and emotional well-being, and developing healthy habits.

Receive a FREE book from Brilliance Publishing when you participate in Story & Stretch!



^{*}Participant responsible for payment.

^{**}Participants are eligible to win gift cards to local businesses and healthy snacks!