



FIND YOUR JOY!

11:30am - 2:30pm	Photo Booth (Upper Level, Lobby)
11:30am - 1:30pm	Voyage Bowls* \$6 Kids Bowl (Parking Lot) FREE Y Snacks & Membership Info (Upper Level, Lobby)
11:30am - 12:15pm	Family Line Dancing (Upper Level, Multi-Purpose Room)
11:30am - 1:00pm	Healthy Snack Walk** (Upper Level, Classroom A)
12:00 - 1:00pm	Family Pickleball Clinic & Play (Upper Level, West Gym)
12:30 - 1:15pm	Story & Stretch (Upper Level, Multi-Purpose Room)
12:30 - 2:30pm	Open Family Swim (Lower Level, Pool)
12:30 - 2:30pm	Open Jungle Gym (Upper Level, East Gym)
1:00 - 2:30pm	Seed Planting (Upper Level, Classroom A)
1:00 - 2:30pm	DJ, Hula Hoops, Jump Ropes, and Dancing Spring Lake Dance Team (Upper Level, West Gym)
1:30 - 2:15pm	Family Cardio Drumming (Upper Level, Multipurpose Room)

*Participant responsible for payment.

**Participants are eligible to win gift cards to local businesses and healthy snacks!

FIND THE KID IN YOU!

**\$0 JOIN FEE & ONLY \$25
FOR YOUR FIRST MONTH OF
MEMBERSHIP!**

HEALTHY KIDS DAY®

SATURDAY, APRIL 29

At Healthy Kids Day, children and families will have the opportunity to learn about the importance of healthy eating, nutrition and physical activity, mental and emotional well-being, and developing healthy habits.

Receive a FREE book from
Brilliance Publishing when you
participate in Story & Stretch!

