

# WELCOME

Welcome to the 2023 camp season at the <u>Tri-Cities Family YMCA!</u> We are glad your child is joining us for a fun adventure in our Summer Day Camp Programs. We offer many opportunities for positive growth and development in an environment that is safe, fun and educational. We are here to make your children feel welcome and help them quickly realize this is a place they can be themselves. We want them to try new things, make new friends, and be part of something great!

This handbook is designed to better prepare you and your child for a safe and fun Summer Day Camp experience at the <u>Tri-Cities Family YMCA</u>. We hope you will gain a better understanding of how our program operates. If you have further questions or concerns, please feel free to <u>contact us</u>.

We look forward to introducing your child to new friends and making memories that last a lifetime.





# GROW PERSONALLY DEVELOP SPECIFIC SKILLS LEARN CORE VALUES IMPROVE RELATIONSHIPS DEVELOP LEADERSHIP ABILITIES APPRECIATE DIVERSITY HAVE FUN! MAKE MEMORIES

## THE Y WAY

MISSION, GOALS, VALUES, LEADERSHIP, AND BEHAVIOR MANAGEMENT

The YMCA mission is to put Christian principles into practice through programs that **build a healthy spirit, mind, and body for all.** 

#### **CORE VALUES**

The YMCA works to accomplish its mission by living and sharing the following core values:

Caring: showing kindness to all.

**Honesty:** telling the truth and being trustworthy, even when it's difficult.

**Respect:** caring how words and actions impact others and the world around us.

**Responsibility:** being dependable, making good choices, and taking accountability for your actions.

#### STAFF LEADERSHIP

All FULL DAY YMCA Camp Directors are at least 21 years old and all FULL DAY YMCA Camp Counselors are at least 18 years old. They have been carefully selected for their maturity, character, experience with children, special talents and creativity. All YMCA camp staff have been screened with a complete criminal background history and central registry clearance check. All YMCA camp staff receive extensive training in camp programming, child development, age appropriate activities, behavior management and emergency procedures. All YMCA camp staff are certified in CPR, Basic First Aid, Child Abuse Prevention and Aquatic Observation, Rescue, and Safety.







## **POLICIES & PROCEDURES**

REGISTRATION, PAYMENT AND FEE INFORMATION, GENERAL YMCA CAMP POLICIES

#### **PAYMENT INFORMATION**

A \$40 NON-REFUNDABLE deposit is due at the time of camp registration. A \$25 field trip deposit is due the Wednesday prior to the field trip. Remaining balances must be paid in full the Wednesday prior to camp start date. Any fees not paid will be assessed a \$40 late fee. Payments may be scheduled for AUTOMATIC DEDUCTION upon request. Please stop by the Welcome Center to make arrangements for your automatic deduction.

#### LATE FEES/REGISTRATIONS

Late registration may be processed from Wednesday up to 5:00 PM the Friday before the camp start date. **An additional late fee of \$40 will be charged.** 

#### **PAST DUE ACCOUNTS**

Any parent/guardian owing a past due balance may not continue to register their camper/campers for additional weeks of Day Camp, or other YMCA programs, until their account balance has been paid in full. The YMCA reserves the right to remove a camper from camp if balances are not paid.

#### **CANCELLATIONS/REFUNDS/RETURNED CHECKS**

Cancellations must be made 7 days before the camp start date. **ABSENCES** will not be deducted from your fee. **DEPOSITS ARE NON-REFUNDABLE.** There may be an additional fee for returned payments.

#### **FIELD TRIP FEES**

Camps that offer a field trip may also require an additional registration and an additional fee to cover the field trip costs. Fees, including the \$25 field trip deposit, must be paid in full the Wednesday prior to camp start date. Refer to the Camp Guide on our <u>website</u> for fees.

#### FINANCIAL ASSISTANCE - COMMUNITY PRICING

Thanks to generous donations from individuals and our community partners, funds are available for families who may not be able to afford a day camp experience for their child. Applications are due at least **two weeks** in advance of the camp you would like your child to attend. **COMMUNITY PRICING** is only available for Full Day Camp.

#### **PAYMENT SCHEDULE**

WEEK ATTENDING	DUE BY
June 5 - 9	May 31
June 12 - 16	June 7
June 19 - 23	June 14
June 26 - 30	June 21
July 3 - 7	June 28
July 10 - 14	July 5
July 17 - 21	July 12
July 24 - 28	July 19
July 31 – Aug 4	July 26
Aug 7 – 11	Aug 2
Aug 14 – 18	Aug 9





## YMCA CAMP STAFF CONTACT INFORMATION GET IN TOUCH WITH US!

#### **EMERGENCY CONTACTS**

If an emergency arises at home, campers can receive a message by calling the YMCA Welcome Center at 616–842–7051. If there is an emergency during non-camp hours, please leave a message for the YMCA Camp Directors at 616–842–7051 ext. 227. Campers are not allowed to bring cell phones, smart watches, or other electronic devices to camp. Note all emergency contacts in CampDoc.com.

#### SEPARATED/DIVORCED PARENT

The YMCA cannot deny access to a child by either parent, unless legal documentation is provided. If one parent is concerned about the safety of the child when the child is with the non-custodial parent, action should be taken through the court system. Without legal documentation, the YMCA camp staff will not prevent access to the child by either parent. Every attempt should be made to keep YMCA camp staff updated on issues affecting a child's custody and/or emotional well-being. Custody agreements must be kept on file at the YMCA.



#### **GUARDIANSHIP**

If a legal guardian, rather than a parent, enrolls a child, a copy of all appropriate legal paperwork must be on file at the YMCA. This is especially critical if natural parents have no custodial or visitation rights.

#### **VISITING**

It is disruptive to your camper, other campers, and the camp program when well-meaning parents "drop by" during the day to visit their child. In addition, our camp program is designed to be active and your camper's group will be on the move throughout the day.

#### **DROP-OFF, PICK-UP, PARKING**

Please review detailed drop-off and pick-up information as outlined in this handbook. Please park your vehicle in a designated parking space when dropping off and picking up your camper. All parents/guardians must exit their vehicle with their camper(s) and sign them into camp. Due to the number of campers arriving and departing at the same time, please be cautious and courteous when driving in the parking lot.

Please be aware that parking in the fire lane is prohibited.

Parent vehicles are not allowed to use the service drive to the rear parking lot for camper drop-off or pick-up. Identification is mandatory for all individuals picking up campers.

#### **HEALTH CARE & PERMISSION FORMS/WAIVERS**

After registering for camp, you will receive an email invitation from CampDoc.com with instructions on how to complete your camper's online profile and health information. Please complete all online forms for your child's camp no later than the Wednesday prior to your child's first week of Summer Day Camp. Forms will vary according to which camp your child will be attending. For their safety your child(ren) will not be allowed to attend camp without this important documentation.

#### **SELF-CARE/SELF-HELP**

Campers are required to be fully toilet trained. All Full Day Campers must be able to notify a counselor when they need to use the bathroom, as well as handle their bathroom needs independently.



#### **HEALTH POLICY**

The YMCA Day Camp programs are equipped to care only for children who are in good health. Children may NOT attend the program if they exhibit any of the following symptoms:

- Fever of 100.4 degrees or more (must be fever free for 24 hours before returning to camp)
- Vomiting or diarrhea within the last 24 hours
- Severe nasal or eye discharge
- An unidentified rash or open sore
- A contagious disease (COVID-19, chicken pox, measles, lice, strep throat, etc.)

If a child is prescribed antibiotics, the child must be on the medication for at least 24 hours before returning to the camp program. If your child has a communicable disease, please notify the YMCA Camp Director as soon as possible. If a camper becomes ill while at camp and/or displays the above symptoms, parents and/or emergency contacts will be contacted to make necessary arrangements to pick up the child. All incidents of camper illness while in attendance at camp will be documented by camp staff.

#### Your child can return to camp when:

- They are symptom and fever free, without medication.\*
- An infection has been diagnosed and the child has been on antibiotics for 24 hours.
- It has been 24 hours since the last episode of vomiting or diarrhea.
- Nasal discharge is not thick, yellow or green.
- A rash has subsided, or a physician has determined that it is not contagious.
- Head lice/nits have been treated and there is no sign of nits.

#### **SAFETY AND INSURANCE**

The YMCA takes every precaution to ensure a safe and fun experience for all campers. If an accident should occur while your child is in the YMCA camp program, please note that the YMCA does not furnish accident insurance. All medical bills are the responsibility of the child's parent or guardian.

#### **CPR/FIRST AID/AED**

All YMCA camp staff are certified in CPR and First Aid, annually. The YMCA camp staff may only use soap, water, rubbing alcohol, ice, and bandages to treat routine scrapes and cuts. All camper injuries will be assessed to determine if additional or emergency treatment is required. If deemed necessary, emergency treatment will be secured for the injured camper. In all cases of serious illness, accident, or injury the parent and/or guardian will be contacted and documented. The online signature on your child's <a href="CampDoc.com">CampDoc.com</a> health form will allow the YMCA to secure prompt treatment. Injuries requiring ambulance service and medical attention are the financial responsibility of the parent and/or quardian.

#### **MEDICATION/OTC POLICY**

All prescribed oral or topical medication for the camper, which must be administered during the program hours, requires permission and written instructions from the family. All medications will be stored in a locked container except when in the controlled possession of the person responsible for administering them. All medications must be checked in with the camper at the start of the camp day. Only trained YMCA camp staff will administer medication to campers. All medications and instructions to administer medication must be included on your child's **CampDoc.com** profile. A permission form to administer medication(s) must also be filled out. The medication must be in its original container, include prescribed instructions for administration (dates, amount and frequency of dosage) and labeled with camper's name. Under NO circumstances are campers allowed to administer their own medication, unless a written order from physician to self-administer is provided.

#### **ALLERGIES**

We are not a peanut free or allergy free facility. We will do our best to accommodate any allergies that your child may have. Please make sure you fill out the health forms in <a href="CampDoc.com">CampDoc.com</a> with complete allergy information. For specific instructions regarding your child's allergies please contact the YMCA <a href="CampDirector">Camp Director</a> at 616-842-7051 ext. 227.



#### **POSITIVE VALUES**

- 1. Caring: Camp staff help campers grow in empathy, understanding, and helping others.
- Integrity: Camp staff help campers develop a sense of right and wrong.
- **3. Honesty**: Camp staff help campers develop the ability to recognize and be truthful.
- **4. Responsibility**: Camp staff encourage campers to accept and take responsibility for their actions.
- Self-regulation: Camp staff encourage campers' growth in regulating their own emotions and behaviors and in understanding healthy habits and choices.

#### **SOCIAL COMPETENCIES**

- Planning and Decision Making: Camp staff help campers think through choices and plan activities.
- **2. Interpersonal Competence**: Campers seek to build friendships.
- Cultural Competence: Campers continue to learn about their own identity and are encouraged to interact positively with campers of different races, ethnicities, and backgrounds.
- Resilience Skills: Campers recognize unsafe behaviors and choices and seek support from trusted adults.
- Conflict Resolution: Campers learn to resolve conflicts peacefully without physical aggression.

#### **SUPPORT**

**Positive Adult Relationships:** Campers receive support from adult role models and form trusting relationships with adults.

#### **EMPOWERMENT**

- Service to Others: Campers have opportunities to serve in the community with adult support and approval.
- **2. Independence**: Campers develop increasing independence with the supervision of trusting adults committed to their safety and well-being.

#### **BOUNDARIES & EXPECTATIONS**

- Adult Role Models: Camp staff model positive, responsible behavior and encourage campers to follow these examples.
- Positive Peer Influence: Camp staff monitor camper/ peer relationships and encourage healthy camper/peer relationships.
- **3. High Expectations**: Camp staff encourage campers to do their best in all tasks and celebrate campers' successes.

#### **POSITIVE IDENTITY**

- Personal Power: Campers have a sense of influence over their own lives.
- Self-Esteem: Campers like themselves and feel valued by others
- Sense of Purpose: Campers welcome new experiences and have insight and input regarding what they would like to do.
- **4. Positive View:** Campers have growing curiosity about the world and their place in it.



#### YMCA CAMP RULES



#### **BE IN CONTROL**

Show respect for yourself and others Speak for yourself, not for anyone else

#### **BEKIND**

Use put-ups, not put-downs Listen and others will listen to you

#### **BE SAFE**

Play safely and fairly Follow all facility, pool, and playground rules

#### **BEHAVIOR EXPECTATIONS & GUIDELINES**

The YMCA teaches the core values of caring, honesty, respect and responsibility to promote a healthy, safe and secure environment for all camp participants. The YMCA will not tolerate campers who are fighting, using obscenities, and/or intimidating or bullying other campers. Stealing is a violation of Michigan law. A camper who becomes involved in a theft of camp property, another camper's belongings, or a staff member's belongings is subject to disciplinary action and possible police involvement. Failure to meet behavior expectations may result in a suspension or removal from camp.

Campers and YMCA camp staff are not allowed to have communication outside of the YMCA. The campers and YMCA camp staff may not exchange emails, phone numbers, or be affiliated with each other on any social-networking sites.

The YMCA does not allow the use of punitive or physical punishment. The YMCA recognizes that positive discipline teaches and encourages the healthy development of a child's self-esteem. YMCA camp staff employ positive discipline techniques; which include encouragement, acknowledgment of appropriate behavior and positive role models to influence and reinforce positive behavior. YMCA camp staff sets limits that are developmentally appropriate and are consistently enforced. YCMA camp staff will encourage and assist all children in following the camp rules. All campers will be given an orientation of camp rules on the first day of camp. All questions will be answered and the rules will be explained

#### REMOVAL FROM THE PROGRAM

The YMCA camp staff will work cooperatively with families of campers to develop the best plan of care for your camper. A collaborative approach is the only way to correct repeated inappropriate behavior. Family patience, support and follow through are not only appreciated, but also necessary. Expulsion from the program will be considered in extreme situations.

The YMCA reserves the right to remove a child from our program for any of the following reasons:

- Failure of parent/guardian to pay weekly fees as outlined in the handbook.
- The child's needs are not being met in our small or large group camp setting.
- Any additional behavior deemed by the YMCA which disrupts the day-to-day operations of camp.
- · Unable to manage toileting needs independently.

### Immediate removal from the program will occur if the camper displays any of the following behaviors:

- Is a safety threat to him/herself, other children, or YMCA staff, members, or volunteers.
- Participates in any form of fighting, striking others, biting or physical aggression of any kind.
- Wandering away from the program.
- Any use of profanity, vulgarity, obscenity, and/or acting in a lewd manner.

Any behaviors that result in the immediate removal from the program will require a parent/quardian to pick up immediately.

## **FULL DAY CAMPS**

The Tri-Cities Family YMCA's fully **licensed and accredited Day Camp** is much more than running around outdoors and going home tired – it is a chance for your child to discover new adventures, grow personally, and make new friends and memories. Each week of camp has its own "theme" and is packed with activities, crafts, games, music, water fun, sports, field trips and so much more! We utilize our wonderful local parks such as Mulligan's Hollow, Duncan Woods, the splash pad and of course, the beach! Water Safety is an important component of our Day Camp. Indoor swim lessons along with free swim time is scheduled daily. Join us for one week or the whole summer!

#### WHAT FAMILIES NEED TO KNOW

#### **CAMP HOURS**

Please see SAMPLE SCHEDULE for drop-off and pick-up times.

#### **COST**

MEMBERS: \$215/week
PARTICIPANTS: \$245/week



#### **AGE GROUPS**

All campers must meet the designated age requirements of the camp for which they wish to register, as the program is designed for age appropriate activities.

Discovery Camp: Ages 4-5 Adventure Camp: Ages 6-7 Navigator Camp: Age 8 Explorer Camp: Ages 9-10 Trailblazer Camp: Ages 11-13

Leaders-in-Training Camp: Ages 14-17

\*All participants must be toilet trained. Campers are not permitted to wear pull-ups or swim diapers.

#### **HEALTH FORMS**

When you register for camp, you will receive an email from <a href="CampDoc.com">CampDoc.com</a> with information about how to complete your camper's health information annually. Health forms must be submitted or updated annually in order for your child's camp enrollment to be complete. Health forms must be submitted the Wednesday prior to the camp start date.

#### **CAMP SAFETY & STAFF TRAINING**

Camper safety is our #1 priority. Our staff are selected based on their expertise, background and their strong desire to work with children. They are motivated to provide your child a safe and fun camp experience. All YMCA camp staff undergo extensive summer camp training. We cover topics such as team building, character development, conflict resolution, emergency procedures, child abuse awareness and prevention, CPR, first aid and age appropriate activity planning. The Tri-Cities Family YMCA Day Camp is accredited by the AMERICAN CAMP ASSOCIATION (ACA).

#### **SAMPLE SCHEDULE**

7:00 - 9:00 AM	BEFORE CARE
8:30 AM	DROP-OFF BEGINS
9:00 - 11:30 AM	THEMED ACTIVITIES
10:30 AM	MORNING SNACK – PROVIDED BY CAMPER
11:30 - 11:45 AM	WATER/BATHROOM BREAK
11:45 - 12:30 PM	LUNCH
12:30 - 12:45 PM	CLEAN UP/BATHROOM BREAK
12:45	SWIMMING/THEMED ACTIVITIES
2:00 PM	AFTERNOON SNACK - PROVIDED BY YMCA
4:00 PM	PICK-UP BEGINS
4:00 - 6:00 PM	AFTER CARE







#### WHAT TO BRING FROM HOME

 Appropriate Clothing: Be sure to dress for the weather and label all belongings. Campers should dress to be active.



- Extra clothes (T-shirt, shorts, and shoes) highly recommended for children 6 and younger.
- Closed-toe shoes are mandatory. No open toe shoes or sandals are permitted for safety reasons.
- Sweatshirt or jacket, it can be chilly in the mornings.
- A raincoat or poncho will be needed on rainy days.
- A sturdy backpack for belongings is recommended.
- One healthy morning snack from home. The Tri-Cities Family YMCA will provide lunch and one healthy afternoon snack to Full Day Campers. No glass containers are allowed and campers do not have access to a microwave or refrigerator. Children will not be allowed to visit our vending area during camp time.
- Leak proof, non-breakable water bottle labeled with camper's first and last name.
- Swim suit and bath or beach towel, <u>labeled with camper's first and last name</u>. One piece swimsuits only (no bikinis). Goggles are optional, please write name with permanent marker on any goggles brought to camp. A plastic bag, labeled with their name and age, for their wet swimsuit is very helpful.
- Sunscreen, insect repellent, and lip balm, labeled with camper's first and last name. Please provide permission for use of sunscreen, insect repellent, and lip balm in CampDoc.com.

#### WHAT TO LEAVE AT HOME

- · Gum, candy, soda pop and all toys
- All electronic devices
- Any type of cards: magic, trading, Pokémon, etc.
- Personal sports equipment
- Pocket knives/weapons
- Expensive items; cell phones, tablets, jewelry, personal video games, smart watches
- Alcohol, drugs, tobacco products
- Money (unless it is specifically allowed for field trips or special events)
- Pets
- Toys and/or stuffed animals

Please help us maintain a safe environment by not allowing your child to bring any of these items to our programs. The Tri-Cities Family YMCA is not responsible for lost, stolen or broken items that are brought to camp. If your camper brings any of these items to camp, they will be held by a counselor until camper pick-up.

#### **SUNSCREEN, LIP BALM & INSECT REPELLENT**

Campers will be required to bring their **own** (siblings are not permitted to share) sunscreen and sign it into their counselor on Monday morning. Please apply sunscreen prior to sending your child to camp. The YMCA camp staff will supervise application of camper's sunscreen, per instructions on label, multiple times a day. If sunscreen is not sent with your camper, YMCA camp staff will apply generic sunscreen provided by the YMCA. Camper's personal insect repellent and lip balm will be applied with supervision, as needed. **Bring all items in a labeled plastic bag.** 



## FULL DAY CAMP POLICIES

DROP-OFF, PICK-UP, ATTENDANCE, WEATHER, EMERGENCIES, SAFETY, & FIELD TRIPS

#### **DROP-OFF**

Every morning during summer camp, you will drop your camper off at the large, white Summer Day Camp tent in front of the YMCA. **Only one parent may come to the sign-in table with their camper(s).** No parents will be allowed to enter the camp setting beyond the sign-in table. This is to ensure the health and safety of campers and staff.

#### PICK-UP

Sign-out will take place at the large white tent in front of The Y. We ask that you refrain from getting your camper prior to signing them out. Once you have **provided your ID** and signed your camper out, you will receive a token to then take to the field and collect your camper at that time. Campers will only be released to those people that are listed in <a href="CampDoc.com">CampDoc.com</a>. If campers are picked up late, a charge of \$2 per minute will be applied for children being picked-up after 4:30 pm (excludes those registered for After Care).

#### **CAMP SIGN-IN**

Whether it's a first time camper or returning veteran, arrival at camp can be a time of apprehension, excitement, and wonder. Upon arrival proceed to the camp tent at the front of the YMCA building for the check in area. Please check your camper's overall health and wellness prior to coming to camp. Before your camper may be signed into camp, camp staff will ask these health screening questions:

- Has your camper experienced any fever, diarrhea, rash or vomiting in the last 24 hours?
- Has your child felt unwell in the last 3 days? (persistent cough, temperature, difficulty breathing, cold)

#### **CAMPER ABSENCE**

If your camper is unable to attend camp due to illness or other obligations, please notify the day camp prior to 9:00 am by calling the Welcome Center at 616–842–7051 or YMCA Camp Directors at 616–842–7051 ext. 227. Please give the name and age of your camper, reason for absence, including any symptoms of illness, and the expected return date to camp.

#### **BEFORE/AFTER CARE**

We offer before and after care for our Full Day campers. Before care is available from 7:00–9:00 am. After care is available from 4:00–6:00 pm. Before and after care is \$5/day for MEMBERs and \$10/day for PARTICIPANTS. Beofre and After Care is only offered to our Full Day campers.

#### **LATE ARRIVALS**

Special arrangements must be made, if your child will arrive at camp after 9:30 am. Please inform a staff member the day before or leave a message for YMCA <u>CAMP DIRECTORS</u>. Due to our camps being highly mobile, if arriving after 9:30 am, it will be your responsibility to make sure your child gets to their age appropriate camp.

#### **EARLY DISMISSAL**

Special arrangements must be made, if your child needs to be dismissed from camp prior to 4:00 pm. . Please provide a written note to a staff member, detailing the time of pick up and who will be picking up your child. Early dismissals need to be arranged prior to or at drop-off. There will be no early dismissals between 3:30 pm and 4:00 pm. You may contact the YMCA CAMP DIRECTORS for an emergency early dismissal.

#### **LOST AND FOUND**

The lost and found area will be located in the Day Camp Office. All items left throughout the week will be available at check out Wednesday – Friday. Unclaimed items will be periodically donated to local agencies.

#### **SWIM & LOCKER ROOM INFORMATION**

Full Day campers will be swimming at the YMCA as part of our daily programming. All campers will be supervised in the locker rooms. The staff will take all necessary precautions to ensure the campers' privacy. Swim time will consist of swim lessons with a trained staff member and free time in the pool. Swim tests are required for ALL Summer Day Camps on the Monday of each week. This test will determine which area of the pool each camper will be allowed to use, as well as what type of flotation device they will need. A Certified YMCA Lifeguard and Aquatic Supervisor will be present during all swim times and will accompany campers on beach days.





#### A GREAT ATTITUDE

Campers need to be prepared to have an active day outdoors. A good night's sleep and breakfast are essential for a healthy camper.

#### **RAINY DAYS**

Camp will be held as normal through sprinkles and light rain. Hard rain and severe weather will cause camp to adjust plans and take place indoors. Depending on your camp group, different spaces and activity areas will be used. **During inclement weather, drop off and pick-up will take indoors of the YMCA. Please plan accordingly on these days.** 

#### **HOT WEATHER**

YMCA day campers spend a substantial amount of time outdoors. Camp schedules may be modified when necessary for extremely hot days. Activities that are normally held in sunny areas may be moved indoors and other activities will be modified to be less vigorous to limit physical activity. Campers can refill their own personal water bottle throughout the day.

#### **SEVERE WEATHER**

In the event of severe weather, the following procedures will be followed:

- The YCMA Camp Director will monitor radio broadcasts for the latest weather bulletins and/or radar concerning the immediate and surrounding area.
- 2. If a tornado sighting has been reported near camp or is moving toward camp:
  - All campers and staff will proceed immediately to the lower level and enter the racquetball court.
  - Campers will sit along the wall with their heads between their knees and their hands clasped over their heads.
  - Camp staff will take attendance of the camp group they are responsible for and account for all campers.
  - Missing campers will be reported to the YMCA Camp Director immediately.
  - If camp is traveling off-site, camp staff will direct campers to the nearest low lying area.
  - All campers and staff will remain together until the weather has passed and/or emergency workers give the clear.
  - YMCA Camp Director and YMCA leadership staff will notify families and make plans for reunification.
  - Any reports, updates or statements to the media will be made by the Tri-Cities Family YMCA CEO.

#### FIRE

In the event of a fire, the following procedures will be followed: If a fire occurs indoors:

- Fire will be signaled by smoke or the activation of the fire alarm.
- 2. Notify emergency personnel by calling 911.
- 3. Campers will be evacuated from the building.
- YMCA lead camp counselors/coordinators will lead campers out of the building to Mulligan's Hollow and away from danger.
- 5. YMCA camp staff will follow the line, accounting for all campers and ensuring no campers are left behind.
- YMCA Camp Directors will meet all camp groups at Mulligan's Hollow with sign-in sheets for the day.
- 7. Roll call will take place.
- If there are any missing or unaccounted for campers, emergency personnel will be notified immediately.
- First Aid will be secured and provided for any injured campers or staff.
- 10. YMCA Camp Director and YMCA leadership staff will notify families and make plans for reunification.
- 11. Any reports, updates or statements to the media will be made by the Tri-Cities Family YMCA CEO.

#### If a fire occurs outdoors:

- 1. Notify emergency personnel by calling 911.
- Campers and staff will be removed from the area of fire immediately to the east tennis/pickle ball courts by the water tower.
- 3. YMCA lead counselor/coordinator will lead.
- Camp staff will follow the line, accounting for all campers and ensuring no campers are left behind.
- YMCA Camp Director will meet all camp groups at the tennis/pickle ball courts with Sign-in sheets for the day.
- 6. Roll call will take place.
- 7. If there are any missing or unaccounted for campers, emergency personnel will be notified immediately.
- 8. First Aid will be secured and provided for any injured campers or staff.
- YMCA Camp Director and YMCA leadership staff will notify families and make plans for reunification.
- 10. Any reports, updates or statements to the media will be made by the Tri-Cities Family YMCA CEO.



#### **LOST OR MISSING CAMPER**

The Tri-Cities Family YMCA has many methods of accounting for campers throughout the day (buddy checks, camper head counts, roll call, etc). These strategies are used regularly throughout the camp day, during transition times, as well as before and after changing location within the camp. If a camper is ever unaccounted for, the following will take place:

- 1. Notify the YMCA Camp Directors of the missing camper.
- YMCA camp staff reporting missing camper will provide Camp Directors with name and description of camper.
- YMCA camp staff will provide previous and current location of the camp group the camper was last seen with.
- 4. All accounted for campers will return to Mulligan's Hollow and will remain stationary and supervised.
- YMCA Camp Directors and all available YMCA camp staff will begin a search of camp grounds and facility for the missing camper (bathrooms, play areas, playground, pool, locker rooms, and indoor facility).
- After an initial search, if the camper is not located, the YMCA Camp Directors will notify the local police department.
- 7. The YMCA Camp Directors and/or YMCA management staff will notify the camper's parents.
- Any time a camper is missing or unaccounted for the incident will be documented and reported to Day Camp Licensing.
- Any reports, updates or statements to the media will be made by the Tri-Cities Family YMCA CEO.

#### **DAY CAMP T-SHIRTS**

All full day campers will receive one FREE YMCA camp t-shirt for the 2023 summer camp season. **Your child must wear this t-shirt on all field trips.** 

#### **FIELD TRIPS**

Field trips will take place for certain camps during certain weeks. A full list of weekly themes and field trips, with additional fee information, can be found on our website in our Camp Guide. Specific field trip information will be included in the weekly parent newsletters. Please note that due to cancellations or weather conditions, field trips and schedules can change. For all field trips, parents will be provided written notice of departure and arrival times from camp to the destination and from the destination back to camp. There are occasions that campers will return late from field trips. If buses will be unexpectedly arriving late, the head counselor will notify the YMCA camp director and the YMCA as soon as possible.

YMCA Day Camp staff trained in safety and accident procedures will accompany children on all field trips and provide supervision.

#### **Training includes:**

- Transporting children in a vehicle safely in the event of injury.
- Providing and securing care.
- Supervising the uninjured.
- · Notifying day camp director and families.
- Documenting all accidents and injuries while being transported.
- Notifying emergency personnel and/or requesting emergency services.

## HALF DAY CAMPS

For preschool aged children and kids who have special interests, we offer a wide variety of half-day camps. Campers can explore their interests with like-minded children and learn new skills in a safe and fun environment. The camps are listed in age appropriate groups and divided into two categories: **Learning Tree Camp and Sports & Specialty Camps**.

#### WHAT FAMILIES NEED TO KNOW

It is important to be on time according to the schedule below Campers leave to go to their activities at the start times. It will be your responsibility, if you are late, to bring your child to the activity area to catch up with the group.

#### HALF DAY MORNING

8:55 AM	DROP-OFF
9:00 AM	OFFICIAL START TIME
11:30 AM	PICK-UP



#### **BEFORE/AFTER CARE FOR HALF DAY CAMPS**

There will be no before and after care for the half day camps. If half day is not enough, please sign up for our full day camp for an additional \$110 for MEMBERS or \$125 for PARTICIPANTS. For children ages 3–12, we also offer additional hours of childcare before or after our half day camps through our **LICENSED CHILDCARE PROGRAM**.

#### WHAT TO BRING TO HALF DAY CAMPS:

- Water Bottle: A labeled water bottle for those hot summer days.
- **Healthy Snack:** Please send your child with a healthy snack for all half day camps.
- Sunscreen: Please apply sunscreen prior to sending your child to camp.
- Sweatshirt/Jacket: It can be chilly in the mornings, please dress appropriately.
- \*Refer to individual camps for a more detailed list.

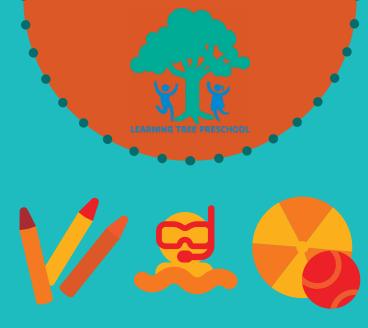
#### **HEALTH FORMS**

When you register for camp, you will receive an email invitation from <a href="CampDoc.com">CampDoc.com</a> with information about how to complete your camper's health and contact information. These forms must be submitted or updated annually in order for your child's camp enrollment to be complete. Health forms must be submitted the Wednesday prior to the camp start date.









# **LEARNING TREE CAMPS**

Learning Tree Camps include circle time, themed activities, outdoor play, and snack times. They are very helpful in preparing your child for the preschool environment.

#### **DROP-OFF AND PICK-UP**

Please be prompt and have your child dropped off by 8:55 am in order for camp activities to begin promptly at 9:00 am. Please be prompt during the pick-up time of 11:30am. **Drop-off and pick-up take place inside the building in the preschool hallway.** 

#### ADDITIONAL ITEMS TO BRING TO LT CAMP:

- Backpack The campers will be creating multiple crafts throughout the week and will need a backpack to bring everything to and from camp.
- Change of Diaper & Wipes If your child is attending the 2-3 year old camps and is still in need of diaper changes; please send any diaper items they may need.
- Appropriate Clothing Tennis shoes and socks must be worn.
   Some of our camps are messy themed camps and campers should dress appropriately. Dress to get messy every day! Athletic apparel and gym shoes are recommended. There will be no swimming in any half day camps.
- Sweatshirt/Jacket Our camps are held in the preschool classrooms and can be chilly sometimes. Bringing a light jacket, hoodie, or sweatshirt is highly recommended.
- Change of clothes This is helpful for spills and occasional accidents.
- Healthy Snack
- Sunscreen campers will spend 15–20 minutes outdoors each day of camp.

If the half day Learning Tree Camp you are registered for is not listed below, there are no extra requirements needed.

#### **TOP CHEF COOKING CAMP**

This camp will take a walking field trip to the Grand Haven Farmer's Market on Wednesday the week of camp. Please send \$1 for fresh produce that we will purchase for our cooking activities that day.







## SPORTS/SPECIALTY CAMPS

Whether your child likes to kick, throw, cast, balance, climb, swing, or jump - we've got you covered! Our sports and specialty camps are designed specifically for active kids!

#### **DROP-OFF AND PICK-UP**

Please be prompt and have your child dropped off by 8:55am in order for camp activities to begin promptly at 9:00am. Please be prompt during the pick-up time of 11:30am. **Drop-off and pick-up will take place in front of the YMCA, by the fenced lawn.** 

## ADDITIONAL ITEMS TO BRING TO SPORTS/SPECIALTY CAMPS:

 Appropriate Clothing: NO flip-flops or sandals (except for Gymnastics camps). Shoes and socks must be worn. Camps are designed to be fun and campers may get messy. Athletic apparel and gym shoes are recommended. There will be no swimming in any half day camps.

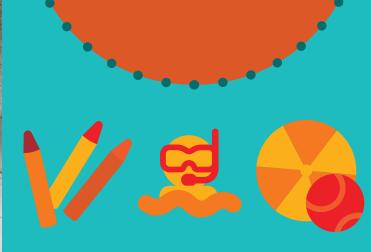
If the half day Sports Camp you are registered for is not listed below, there are no extra requirements needed.

#### **FISHING CAMP**

Bring an appropriate fitting life jacket and fishing pole if you have them. (YMCA has extra life jackets, poles and bait). **Drop-off will occur at the YMCA.** 







## **GYMNASTICS**

We love camp! Yes, we do! We love camp! How 'bout you? Our gymnastics camps offer numerous opportunities to strengthen old skills and learn new skills!

#### **DROP-OFF AND PICK-UP**

Please be prompt and have your child dropped off by 8:55 am in order for camp activities to begin promptly at 9:00am. Please be prompt during the pick-up time of 11:30am. Refer to weekly newsletters for drop-off and pick-up locations.

#### **ADDITIONAL NOTIFICATIONS FOR GYMNASTICS CAMPS:**

- Please wear comfortable active wear or a leotard. Please do not wear jeans.
- Since our campers are barefoot in the gymnastics area, flip flops make it easier for the campers when making bathroom trips.
- No metal zippers on clothing.
- Long hair should be pulled back.
- No jewelry please.

#### TWO DAY GYMNASTICS CAMP

9:00 AM - 3:30 PM

In addition to the notifications listed above, please send your camper with the following each day:

- Lunch
- Water
- 2 healthy snacks

