



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TRI-CITIES FAMILY YMCA SPORTS COACH

Job Title: **Sports Coach**
FLSA Status: Non-Exempt
Leadership Level: Leader

Revision Date: 8/1/2021
Primary Function: Sports/Gymnastics

POSITION SUMMARY:

This position supports the work of the Y, a leading nonprofit, charitable organization committed to strengthening community through youth development, healthy living and social responsibility. In accordance with the Christian principles of the YMCA, the employee will provide quality instruction to the participants of the selected program in a safe, enjoyable and positive environment.

OUR CULTURE:

Our mission and core values are brought to life by our culture. In the Y, we strive to live our cause of strengthening communities with purpose and intentionality every day. **We are welcoming:** we are open to all. We are a place where you can belong and become. **We are genuine:** we value you and embrace your individuality. **We are hopeful:** we believe in you and your potential to become a catalyst in the world. **We are nurturing:** we support you in your journey to develop your full potential. **We are determined:** above all else, we are on a relentless quest to make our community stronger beginning with you. **The Tri-Cities Family YMCA strictly follows a zero tolerance policy regarding child abuse.**

GENERAL ESSENTIAL FUNCTIONS:

1. Must understand the difference between discipline and punishment.
2. Must obtain certifications and trainings in a timely manner.
3. Attend and lead all classes.
4. Prepare and distribute report cards after each session.
5. Adjust and properly handle equipment.
6. Must be able to instruct the principles of sport.
7. Maintain fun, secure and safe environment for participants.
8. Supervise children in accordance with YMCA values.
9. Complete administrative work accurately and timely.
10. Must have clear verbal communication skills.
11. Attend all training and meetings.
12. Typical requirements to be completed within 30 days of hire include: Basic Life Support, CPR, First aid, AED and Bloodborne Pathogens.
13. Equipment maintenance.
14. Performs all other duties as assigned.

LEADERSHIP COMPETENCIES:

- Mission Advancement
- Collaboration
- Operational Effectiveness
- Personal Growth

PROGRAM ESSENTIAL FUNCTIONS & QUALIFICATIONS:

Gymnastics

- Teach a variety of classes in the gymnastics department in a positive, safe, educational and fun environment.
- Observe, instruct and spot athletes as they perform on the various apparatus (this will include physical contact and lifting, especially with smaller children)



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Ninja

- Teach a variety of ninja classes in a positive, safe and fun environment.
- Observe, instruct and spot athletes as they perform on the various apparatus (this will include physical contact and lifting, especially with smaller children).

Youth Sports

- Teach a variety of sports classes including but not limited to Sports Sampler, Basketball, Volleyball, Dodgeball and Soccer.
- Observe, instruct and spot athletes they develop skills and proper technique.

Parent Tot

- Teach a variety of classes in the parent tot department in a positive, safe, educational and fun environment.
- Observe, instruct and spot athletes as they perform on the various apparatus (this will include physical contact and lifting, especially with smaller children).

Preschool Gymnastics

- Teach a variety of classes in the preschool gymnastics department in a positive, safe, educational and fun environment.
- Observe, instruct and spot athletes as they perform on the various apparatus (this will include physical contact and lifting, especially with smaller children).

Gymnastics Team Coach

- Working knowledge in Gymnastics.
- Willingness to learn additional areas in the Gymnastics Department.
- Demonstrated ability to teach the development of skills and proper techniques on each Apparatus.
- Ability to lift equipment and to spot children.
- Ability to motivate and effectively communicate with members, nonmembers, parents and Students.
- Exercises mature judgment and sound decision-making.
- Completion of YMCA program-specific certifications and USA Gymnastics Safety Certifications.
- Excellent interpersonal skills with athletes of all ages and parents.
- Ability to relate effectively to diverse groups of people from all social and economic segments of the community.
- Experience working with kids!

Sports & Specialty Camp

- Working knowledge in at least one of the following areas: Gymnastics, Tumbling, Cheerleading, Dance and Sports is a plus but not required.
- Willingness to be flexible in all areas of camp.
- Demonstrated ability to teach the development of skills and proper technique.
- Set up and clean up before and after camp.
- Develop and maintain open communication with all parents.
- Show enthusiasm when teaching children and treat all children fairly.
- Fill out incident reports when needed and turn them in to Coordinator.

WORK ENVIRONMENT & PHYSICAL DEMANDS:

- Physical Mobility: walking, climbing, stairs, standing, kneeling, bending, leaning, stooping and sitting for extended periods of time.
- Physical Dexterity: ability to use telephone, computer, electronic equipment, exercise equipment, office equipment (fax, copier, stapler, etc.), tools and machinery as needed.
- Lifting: ability to lift up to 50 pounds.
- Sensory Requirements: ability to hear, listen, speak, smell, touch, taste, see and distinguish colors.
- Ability to speak concisely and effectively communicate.
- Visual and auditory ability to respond to critical situations and physical ability to act swiftly in an emergency