



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FOREVER A PLACE TO LEARN AND GROW

## School-Age Care Programs

### RISE | AT THE Y

If you need morning care, before THRIVE | AT THE Y begins, we offer an engaging care program for **school-age children**. Participants will play board games, do crafts, practice mindfulness, work independently on school assignments, and enjoy recreational activities while under the supervision of our trained staff.

**HOURS | Monday-Friday, 8:00 AM-12:00 PM**

**RATES | \$20/day or \$80/week**

**CONTACT | Childcare & Camp Director**

Brianna Moynihan at [brianna.moynihan@tcfymca.org](mailto:brianna.moynihan@tcfymca.org)

**REGISTER | [www.tcfymca.org](http://www.tcfymca.org)**

### THRIVE | AT THE Y

Learning will look different this school year and we understand the need for children to have an environment to continue to grow, learn, and thrive. The Tri-Cities Family YMCA is here to help! Our THRIVE | AT THE Y program will offer **school-age children** with:

- Academic and learning support
- Evidence based physical activity curriculum with indoor and outdoor recreational activities
- Connection with peers and caring adults
- Healthy snacks and nutrition education

Our highly qualified and trained staff will provide a structured and supportive environment, while maintaining health and safety policies and procedures. Participants should bring a lunch, homework, virtual learning devices\*, and recreational clothing. A daily healthy snack will be provided. *\*Wi-Fi will be available and accessible.*

**HOURS | MON-FRI, 12:00-6:00 PM**

**RATES | \$40/day or \$135/week**  
(financial assistance is available)

### THRIVE | AT THE Y DAILY SCHEDULE

12:00-2:00 PM | Lunch, Academic and Learning support

2:00-2:30 PM | Healthy Snack & Nutrition Education

2:30-6:00 PM | Recreational activities:

- Hikes
- Outdoor and indoor games and sports
- Crafts and STEAM activities



### CONNECT | AT THE Y

The Y is a great place for youth to connect! We have an after-school program that will do just that! Participants, **of school-age**, will have the opportunity to connect with peers and caring adults, work independently on homework, and enjoy a daily healthy snack and recreational activities, while under the supervision of our trained staff.

**HOURS | Monday-Friday, 4:00-6:00 PM**

**RATES | \$20/day or \$80/week**