



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FOREVER A PLACE TO LEARN. FOR A BETTER US. THRIVE | AT THE Y, School-Aged Care

Ages 5-12 years

Learning will look different this school year and we understand the need for children to have an environment to continue to grow, learn, and thrive. The Tri-Cities Family YMCA is here to help! Our **THRIVE | AT THE Y** program will offer school-aged children with:

- Academic and learning support
- Evidence based physical activity curriculum with indoor and outdoor recreational activities
- Connection with peers and caring adults
- Healthy snacks and nutrition education



Our highly qualified and trained staff will provide a structured and supportive environment, while maintaining health and safety policies and procedures. Participants should bring a lunch, homework, virtual learning devices*, and recreational clothing. A daily healthy snack will be provided. **Wi-Fi will be available and accessible.*

DATES | Begins August 31st

HOURS | Monday-Friday

12:00—5:30 PM *

RATES* | Daily and Weekly

\$40/day | \$135/week

*Financial assistance is available.

DAILY SCHEDULE

12:00-2:00 PM | Lunch, Academic and Learning support

2:00-2:30 PM | Healthy Snack & Nutrition Education

2:30-5:00 | Recreational activities

- Hikes
- Outdoor and indoor games and sports
- Crafts and STEAM activities

Additional Care Needed? No problem!

If you need morning care before **THRIVE | AT THE Y**, we offer an engaging before care program for school-aged children. Participants will play board games, do crafts, practice mindfulness, and/or work independently on school assignments, while under the supervision of our staff.

HOURS | Monday-Friday, 8:00 AM-12:00 PM

RATES | \$20/day or \$80/week

REGISTER ONLINE

Beginning August 14th!

WWW.TCFYMCA.ORG

QUESTIONS | Childcare & Camp Director

Brianna Moynihan at brianna.moynihan@tcfymca.org