



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# COME SEE WHAT'S NEW! COMMUNITY OPEN HOUSE

**SATURDAY, JANUARY 12<sup>TH</sup>  
8:00 AM - 1:30 PM**

**Bring the family! See our new renovations and learn why the Y is so much more.**

- |                  |                                      |
|------------------|--------------------------------------|
| 8:00 - 9:00 AM   | Spinning® Class                      |
| 8:30 - 9:30 AM   | CrossFit Try It Class                |
| 9:15 - 10:00 AM  | H.I.I.T. Fitness Class               |
| 10:00-12:00 PM   | Learning Tree Preschool Open House   |
| 10:00 - 1:00 PM  | Open Interviews for Gymnastics Staff |
| 10:30 - 12:00 PM | Jungle Gym                           |
| 12:00 - 1:30 PM  | Open Family Swim                     |

Enjoy complimentary fitness classes, healthy snacks, tours and giveaways. Free child care is available while you workout, swim, or try a class!



**MEMBERSHIP SPECIAL  
NO JOINING FEE!**  
Valid through January 31, 2019

TRI-CITIES FAMILY YMCA  
GRAND HAVEN, MI 49417  
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