



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUMMER FUN BEGINS HERE

2011 Summer Camps
Tri-Cities Family YMCA

Registration begins
April 11 for members
April 13 for non-members



FULL DAY CAMPS

Have your children fallen into the trap of too much T.V. and video games? Why not have them meet new friends in an outside and active environment this summer. YMCA Day Camp provides a premier setting in Mulligan's Hollow for daily social interaction where children begin new friendships through small group inter-actions under the supervision of highly trained staff.

Discovery Camp: Ages 4-5

Adventure Camp: Ages 6-7

Explorer Camp: Ages 8-10

Trailblazer Camp: Ages 11-13

Leaders in Training Camp: Ages 14-15

REGISTRATION

Members: April 11

Non-members: April 13

616-842-7051

for more info: daycamp@tcfymca.org
or www.tcfymca.org

DAY CAMPS ACTIVITIES

Each camp is designed to build self-esteem while promoting self-confidence and leadership development. Appropriately aged activities keep kids engaged throughout the day. Campers participate in team building activities, friendship bracelets, adventure sports, hiking, building forts, camp songs, archery, fishing, elimination, group games, dance programs and more. Join us for one week or all summer long!

- Free swim each day,
- 30-minute swimming lesson
- T-shirt keepsake
- Field trips to Michigan's Adventure, John Ball Zoo, White Caps game, Horseback riding (additional fees).

COUNSELORS

College-age counselors act as role models demonstrating the YMCA core values of Honesty, Respect, Caring, and Responsibility. Each staff member receives an extensive week of training in First Aid, CPR, child abuse prevention, behavior management, small group facilitation, and aquatic observation.

A TYPICAL DAY IN CAMP:

7:00am-9:00am

Pre-Camp activities / early drop-off

9:00am-9:15am

Group Game – Camp day begins

9:15am-9:45am

Camp songs, opening ceremony

9:45am-10:00am

Bathroom/sunscreen/water break

10:00am-11:00am

All camp activity, game, sport, relays

11:00am-12:00pm

Small group activity time or craft

12:00pm-12:30pm

Lunch

12:30pm-12:45pm

Bathroom/sunscreen/water break

12:45pm-1:45pm

Themed activity time

1:45pm-3:30pm

Swimming lessons and free swim

3:30pm-4:00pm

Change to closing ceremonies

4:00pm-6:00pm

Camp Day Ends
Post-camp activities

HEALTHY KIDS DAY
Saturday, April 16th
10:00am – 12:30pm
Summer Camp Open House

FULL DAY CAMPS

Monday-Friday from 9:00 am – 4:00 pm

Free Pre-Camp & Post-Camp Activities

Available (7-9 am & 4-6 pm)

Member \$130/week*

Non-Member \$155/week*

TRAILBLAZING AND HORSEBACK**

June 13-17, Session 1

Calling all cowboys and cowgirls, come explore the adventures and activities of the wild, wild, west, highlighted with horseback riding at Rainbow Ranch.

STAR WARS

June 20-24, Session 2

Young Jedi's, explore the galaxy with all your Star Wars favorites. Make your own light saber, compete in the Jedi Trials games and complete the Naboo water challenge.

EVERYDAY IS A HOLIDAY**

June 27-July 1, Session 3

Celebrate a new holiday each day. Bring your favorite Halloween costumes, celebrate Christmas in July and break in the New Year with a week of holiday fun, activities, and celebrations highlighted by attending a White Caps baseball game!

PIRATES AND PRINCESSES

July 5-8, Session 4

Get ready to walk the plank! Search the seven seas hunting for treasure, build ships, swords, and wands, be treated like royalty, and dress up like princesses and pirates.

* No one is turned away due to inability to pay! Community Pricing available for full day camps—ask for info at our Welcome Center (allow 2 weeks to process).

**Some of the themed weeks involve an additional fee for field trips

SPLASH INTO SUMMER**

July 11-15, Session 5

Make a big splash into a week of water fun! Come and enjoy a week of wet n' wild water activities, slip and slides, squirt guns, hoses, and relays highlighted by a day at Michigan's Adventure Theme Park.

HOLLYWOOD/YMCA IDOL

July 18-22, Session 6

Calling all stars! We will be having fun with movie, television, and sports themed games and activities with performances all week long crowning the winning team.

FORTS OF ALL SORTS

July 25-29, Session 7

Use your creative instincts to build outdoor and indoor shelters from scratch. Learn survival techniques and compete in the forts of all sorts challenge relays and games.



FULL DAY CAMPS

COAST GUARD ADVENTURE

August 1-5, Session 8

Join us as we participate in fun activities and adventures to celebrate the Coast Guard Festival. Tour ships, attend kids day, and participate in parades.

OUTRAGEOUS OUTDOORS**

August 8-12, Session 9

Calling all outdoor enthusiasts! It's sure to be a fun week of activities such as scavenger hunts, exploring the trails, and relay races, highlighted by a trip to John Ball Zoo!

WACKY WATER WEEK**

August 15-19, Session 10

Wacky Water Week is sure to be a splash of fun! Come ready to get wet and enjoy swimming, water games, relays, and a trip to Michigan's Adventure Theme Park.

CLONE WARS

August 22-26, Session 11

Go on an adventure with Anakin Skywalker, Obi Wan Kenobi and all their allies. Learn the true identity of the clones by playing under siege and other adapted outdoor games.

SURVIVOR- GRAND HAVEN

August 29-September 2, Session 12

Come and take on the survivor challenge! Try exotic foods, compete in outdoor adventure games, learn how to cook over a fire and survive the elements using skill and team-work.

LEADERS IN TRAINING CAMP

Ages 14-15 (Sessions 2 & 6 only)

This camp is for teens who like to be active, work with children and have an interest in gaining leadership skills. Participants will have opportunities to lead children by working side by side with summer camp staff and gain firsthand experience leading sports and planning outdoor activities. Participants must be able to follow directions, be sensitive to children and be able to assist staff in carrying out recreational programs. Participants will receive lunch on Fridays, two junior leadership t-shirts, a water bottle, a certificate of recognition, First Aid & CPR training!



SPECIALTY & SPORTS CAMPS

SPECIALTY & SPORT CAMPS

Monday-Friday half days

AM Camps: 9:00 am-11:30 am

PM Camps: 1:30-4:00 pm

Fee: \$90/camp or \$55 with any full day camp

FISHING (5-8 & 9-12 YRS)

June 13-17, AM • June 21-25, AM

June 27-July 1, AM • July 5-8, AM

July 11-15, AM

Think you can catch the biggest fish?

Learn how to fish various bodies of water like the Grand River, Potawatomi Park Bayous, Government Pond and the Boardwalk Pier. Catch varieties of fish like Bass, Bluegill, Catfish, Sheephead, Sunfish, Goby, even Steel-head.

BASEBALL (6-8 & 9-12 YRS)

June 13-17, AM

Learn the fundamentals of America's Favorite Pastime. Have fun learning the different aspects of the game and learn how to become the best possible baseball player you can be!

GYMNASTICS (6-12 YRS)

June 13-17, AM • July 11-15, AM

August 8-12, AM

YMCA Gymnastics camps are a fun filled week of instruction of gymnastics skills for girls & boys of all ages and levels. Learn cart-wheels, handstands, back bends and back handsprings. Each day your child will have rotations on Vault, Bars, Beam & Floor. Other activities include games, crafts, dance & snack.

CHEER CAMP (12-16 YRS)

June 13-17, PM • June 20-24, PM

Kick off the summer by connecting with friends and learning all about the exciting sport of cheerleading. Students will be challenged as they learn performance cheers containing jumps, stunts, and tumbling while focusing on concepts such as timing, execution, formations, floor presence and team work.

BEGINNING SKATEBOARDING (9-12 YRS)

June 20-24, AM • July 25-29, AM

Learn the basics of skateboarding including skateboarding safety and etiquette. Learn to ride up and down the ramps plus a variety of new skills such as how to ollie, rock and roll, and 180.

BEGINNING SKATEBOARDING (5-8 YRS)

June 27-July 1, AM • July 11-15, AM
July 25-29, AM

See previous description

HIP HOP (6-12 YRS)

June 27-July 1, AM

Basic Hip Hop moves and combinations put together with high energy music make a FUN dance routine. No previous dance experience needed!

UNDERWATER ROBOTICS

June 27-July 1

(6-8 YRS), AM • (9-12 YRS), PM

Explore the world of underwater robotics. Join Chief Marine Scientist, Mark Gleason, PhD of the Great Lakes Naval Museum and learn how to build your own ROV, Remotely Operated Vehicle, and drive it in the pool.

SPECIALTY & SPORTS CAMPS

BEGINNING SKIM BOARDING

July 5- 8,
(8-10 YRS), AM • (11-15 YRS), PM
Learn the basics of skim boarding as well as the safety and etiquette of skim boarding. This camp is sure to be a time of fun as you learn the proper run, slide, front side turns and more in the sun at the beach!

FLAG FOOTBALL (6-8 & 9-12 YRS)

July 11-15, AM
Ever wanted to learn how to throw a tight spiral? Or catch a Hail Mary and add a sweet touchdown dance? Learn the basics of offense, defense in the fun YMCA way.

BEACH VOLLEYBALL (9-12 YRS)

Date to be determined
Join our local volleyball community as we teach the fun and exciting sport of beach volleyball. Participants will have instruction, drills, match play, beach game and time to swim.

ADVANCED SKIM BOARDING (12-15 YRS)

July 18-22, PM • August 8-12, PM
Take your skim boarding skills to the next level! Learn some new skills like the front side turn, backside wrap, shuv-it, 360. Be ready to show them off every day at the beach.

BABYSITTING (11-15 YRS)

July 18-22, PM
Learn to care for infants and toddlers while becoming a good leader and role model. Handle emergencies, illness and accidents. Write a resume, learn how to interview and become the most sought after babysitter on your block. Includes CD-Rom.

SPORT SAMPLER (5-7 YRS)

July 18-22, AM
Each day, your camper will be introduced to a new sport- soccer, basketball, t-ball, gymnastics, volleyball, golf, football, floor hockey and more.

BEGINNING SKIM BOARDING (8-12 YRS)

July 18-22, AM • August 8-12, AM
See previous description

DANCE/GYMNASTICS (6-8 YRS)

July 25-29, AM
This is a great camp for those interested in both dance & gymnastics. Half the class time is spent on ballet/creative movement & the other on gymnastics.

DRUM & RHYTHM (9-13 YRS)

July 25-29, PM
Beat buckets, trash cans, cow bells, bongos, cymbals and more with International Drummer Scott Pellegrin and friends. Take hikes, learn nature's rhythms, and build to a Friday performance for all the parents.

KARATE (6-12 YRS)

July 25-29, PM
Gain self-control, confidence and self-esteem as Dave Thomas, 8th Degree Black Belt, teaches the physical and mental aspects of Karate from techniques, forms, self-defense sparring complete with weapon demonstrations and board breaking techniques.

ALL SPORT (5-7 YRS)

August 8-12, AM
Learn different sports everyday—flag football, soccer, basketball, floor hockey, baseball and more!

BASKETBALL (5-7 YRS)

August 8-12, AM
Your camper will experience the fundamentals of basketball: dribbling, shooting, passing, defense and more.

CHEER CAMP (6-12 YRS)

August 15-19, PM • August 22-26, PM
Kick off the summer by connecting with friends and learning all about the exciting sport of cheerleading. Students will be challenged as they learn a performance cheers containing jumps, stunts, and tumbling while focusing on concepts such as timing, execution, formations, floor presence and team work.

YOGA (7-11 YRS)

August 15-19, AM
Your child will learn various yoga poses along with activities to build spirit, mind and body.

CLONE WARS (6-8 & 9-12 YRS)

August 8-12, AM
Explore the galaxy with all your Star Wars favorites, play adapted camp games from Lucas Films Inc. See clips of your favorite movies and create your own ending to the Star Wars Saga.



LEARNING TREE CAMPS

LITTLE APPLE SEEDS

Ages 2 – 3 years old
Tues–Thurs 9–11:30 am
Members & Non-Members: \$60

HOW DOES YOUR GARDEN GROW?

June 14–16

Explore the way things grow in this “down to earth” camp. Learn about plants, make leaf rubbings, and create farmable fruit and veggie prints. Investigate WORMS! Put on your “Bee-tiful” bug costume and flutter around camp!

SUPER HERO

June 21–23

Up, up and away ... We will take an adventure into the world of superheroes. Games, stories, arts and crafts – even making our own super hero cape.

CREEPY CRAWLERS

June 28–30

The bugs crawl in the bugs crawl out... so let's catch one and check him out! Your child will have fun exploring the many bugs that crawl, fly and invade our space during summer.

LET'S GET MESSY

July 5–7

We have all the fun and messy art projects that Mom hates to do at home! Finger paint, cook, play in the mud, make slime, and have a fun time!

LITTLE FAIRY TALE PRINCESS

July 12–14

Come out and play with all the princesses! Belle, Cinderella, Sleeping Beauty, Ariel and more will be in attendance for this royal party.

LITTLE PIRATE CAMP

July 19–21

Arrrrrgh! Come and join us where we will dig for treasure, make treasure maps, and even have a treasure hunt!

DOWN ON THE FARM

July 26–28

What makes a farm so much fun? At Down on the Farm camp your child will learn all about cows that go moo, pigs that go oink, and roosters that cock-a-doodle doo! We may even have an animal visitor or two!

DORA AND DIEGO'S BACKPACK ADVENTURE CAMP

August 2–4

Backpack! Backpack! Hola Kids! Boots, Dora, and Diego need your help to save a baby marmoset. Will you help us? We will explore, find and save the day before fox can stop us!

LITTLE ARTIST

August 9–11

Come and let your little one explore different types of Art! We will use our hands, and maybe even our feet. This camp is delightfully fun!

ZOO SAFARI

August 16–18

Bring your favorite stuffed animal on a Safari! We'll be getting up close to learn amazing things about animals. Touch a real live snake, and go on a safari to discover animals in our own backyard!

PERFECT PINECONES

Ages 4–7 yrs old
Monday–Friday 9–11:30 am
Members & Non-Members: \$90

STAR WARS CAMP

June 20–24

May the force be with you! Come to a galaxy far, far away! In one exciting week your Jedi will take part in a multitude of fun and exciting Star Wars activities. They will make light sabers, re-enact scenes, design costumes and do battle with the dark side!

KINGS, QUEENS AND CASTLES

June 27–July 1

Your child will build a castle, complete with turrets and battlements as they learn all about Kings and Queens –real and fairy tale ones alike! Build a castle out of a cardboard box, then see if it withstands a siege from dwarves and dragons!

GOURMET COOKING CAMP

July 11–15

Does your child love to help in the kitchen? Well here is the perfect opportunity for them to create and decorate their own cakes and cookies, cook up lots of fun and exciting recipes, and leave the mess in OUR kitchen!

PIRATES LIFE FOR ME! ARRRRGH!

July 18–22

Ahoy mates! Take to the High Seas and be a pirate for the week! Our pirates will build and sail their own miniature pirate ships, dig for buried treasure and learn how to talk like a pirate!

PRESCHOOL PROJECT “FUNWAY”!

July 25–29

Campers will design a head to toe look and decorate paper dolls with their picture perfect fashion sense. The week will be topped off with a fashion show on Friday, where the children will head out on the runway with Aberdeen's latest and greatest styles.

WIZARDLY MAGIC CAMP

August 1–5

Get ready for a week full of magic! Discover how to make an object appear or disappear. Future magicians will gain skills through an encouraging step by step approach. Create a magic wand, and have fun making a wizards hat! We may even get lucky enough to learn from a Master Magician!

AMERICAN GIRL/DOLL CAMP

August 8–12

Campers bring their American Girl Doll (or similar doll) to camp each day. They will make crafts for them, learn period dances, play games with them, even create a short skit with their dolls. On the final day of camp they will have a formal Victorian Tea Party with their Dolls in attendance!

SCOOBY DOO-WHERE ARE YOU?

August 15–19

Rho ro Shaggy! Scooby Doo and the gang need your help to solve the “Case of the Missing Dog Bones”! The children will become fast Mystery Machine Detectives and have fun tracking down the culprit!

PICASSO'S PAINTERS

August 22–26

Your child will experience art like they never have before! They will sponge paint, splatter paint, paint with their feet, and use their creative energy to create masterpieces!



LEARNING TREE CAMPS

BROADWAY BABY (4-8 YRS)

July 11-15 • 12:15-2:45 • Members & Non-Members: \$90

Gotta Sing? Gotta dance? If you have a theatre loving child this is the camp for you! The camp will tap into your child's natural creativity through singing, dancing and crafts. At the end of the week there will be a musical presentation for the whole family!

AFTERNOON ADVENTURES (3-6 YRS)

Monday - Friday: 11:30am - 6:00pm
Fee \$25 for 3 - 6 hours
\$15 for 2.5 hours or less

Moms and Dads, do you need some time to yourself? Wouldn't it be nice to run errands, go out to lunch, or even paint the living room walls without having to worry about what your youngster is getting into? Leave your worries to the YMCA's Preschool Aftercare Staff! Our qualified and caring staff will entertain your child(ren) for up to 6 1/2 hours, 1-5 days a week. You must pay one week in advance. Give it a try, your child(ren) will thank you!



Afternoon Adventures is being offered this summer for the first time, following our Learning Tree Camps from 11:30-6:00.

PRESCHOOL SPORTS CAMPS

SUMMER PRESCHOOL SPORTS CAMPS

Monday-Friday 9-11:30 am
Members & Non Members: \$90

MAGICAL BALLERINAS (3-5 YRS)

June 13-17, AM • July 11-15, AM
August 15-19, AM

Come dance away to princess land during this week long dance camp! Our magical ballerinas will spend the week dancing with Ariel, Belle, Cinderella & Sleeping Beauty as we transform the dance studio into a magical ballerina land! We will read fairy tales, dress up & make princess crafts too!

SOCCER (3-4 YRS)

June 13-17, AM

Your camper will experience the fundamentals of soccer-kicking, dribbling, blocking, and more, all while developing positive personal skills and confidence.

GYMNASTICS (3-5 YRS)

June 20-24, AM
August 22-26, AM

Campers will have a fun filled morning of gymnastics! Girls & Boys will be introduced to gymnastics skills on the Floor, Bars, Beam & Vault. Other activities include games, songs, dances, parachute, craft & snack!

SPORT SAMPLER (3-4 YRS)

June 20-24, AM

Each day, your camper will be introduced to a new sport- soccer, basketball, t-ball, gymnastics, volleyball, golf, football, floor hockey and more.

CHEER CAMP (4-6 YRS)

June 27-July 1, AM • July 18-22, AM
August 8-12, AM

Kick off the summer by connecting with friends and learning all about the exciting sport of cheerleading. Students will be challenged as they learn a performance cheers containing jumps, stunts, and tumbling while focusing on concepts such as timing, execution, formations, floor presence and team work.

BASKETBALL (3-4 YRS)

July 11-15, AM

Your camper will experience the fundamentals of basketball- dribbling, shooting, passing, defense and more.

DANCE/GYMNASTICS CAMP (3-5 YRS)

July 18-22, AM

Campers will spend the week dancing to tunes from Little Mermaid, Pocahontas, Cinderella, Beauty & The Beast & Sleeping Beauty! They will also learn gymnastics skills on the floor, bars, beam & vault. Other activities include games, songs, parachute, crafts, snacks & FUN!

GYMNASTICS, CHEER & DANCE 3 IN 1 (4-6 YRS)

July 25-29, AM

A fun filled week jammed packed with Dancing, Cheering & Gymnastics! Campers will learn dances, cheers, stunts, jumps, tumbling, & gymnastics skills on the floor, bars, beam & vault! Other activities include games, songs, parachute, crafts, snacks & FUN!

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